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**MINISTRY OF SCIENCE AND HIGHER EDUCATION OF THE RUSSIAN
FEDERATION**
Federal State Autonomous Educational Institution of Higher Education
NORTH-CAUCASUS FEDERAL UNIVERSITY

APPROVED
Assoc. Prof. Kubanov S.I.
PhD in Medical Sciences
Dean Faculty of Medicine and Biology

WORKING PROGRAM OF DISCIPLINE (MODULE)
FOUNDATIONS OF RUSSIAN STATEHOOD

Specialty	31.05.01 General Medicine
Year Commenced	2026
Type of Study	Full-time
Delivered in Semester	1

DEVELOPED BY:
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Stavropol, 2026

1. Aim and Objectives

The goal of the course is to ATFter students' system of knowledge, skills, and competencies, as well as values, rules, and norms of behavior associated with awareness of belonging to Russian society, the development of a sense of patriotism and citizenship, and the formation of a spiritual, moral, and cultural foundation of a developed and integrated personality. This personality bridges personal dignity and success with social progress and the political stability of their Motherland, while understanding the unique historical path of the Russian state and the distinctiveness of its political organization.

The course implies the consistent mastery of knowledge, ideas, scientific concepts, as well as historical, cultural, sociological, and other data related to the development of Russian civilization and its statehood in historical retrospect and under conditions of current challenges of political, economic, technogenic, and other natures.

Given the stated aim, the following objectives can be identified within the framework of the discipline to achieve it:

- To present the history of Russia in its continuous civilizational dimension, reflecting its most significant features, principles, and current guidelines;
- To reveal the value-behavioral content of citizenship and patriotism, which is inseparable from developed critical thinking, free personal development, and the capacity for independent judgment regarding the current political and cultural context;
- To examine fundamental achievements, inventions, discoveries, and accomplishments associated with the development of the Russian land and Russian civilization, presenting them in an actual and meaningful perspective that instills pride and a sense of belonging to one's culture and people in a citizen;
- To present the key meanings, ethical doctrines, and worldview doctrines that have emerged within Russian civilization, reflecting its multiethnic, multiconfessional, and solidary (communal) nature;
- To examine the features of the contemporary political organization of Russian society, the nature and specifics of its ongoing transformation, the value foundations of traditional institutional solutions, and the specific polyvariance of relations between the Russian state and society in the federal dimension;
- To investigate the most probable external and internal challenges currently facing Russian civilization and its statehood, outlining key scenarios for its prospective development;
- To define the fundamental value principles (constants) of Russian civilization (unity in diversity, strength and responsibility, harmony and cooperation, love and trust, creation and development), as well as the interconnected value guidelines of Russian civilizational development.

2. Place of the Discipline (Module) in the Structure of the Educational Program

The **Foundations of Russian Statehood** course belongs to Block 1, Courses (Modules) of the core curriculum (Year 1, Semester 1).

The conceptual integration of the discipline into the curriculum is due to the need to continue the fundamental social and humanitarian training initiated by secondary education curricula, specifically within history and social studies courses. Successful mastery of the course relies primarily on students' parallel engagement within content-related historical, political, and philosophical disciplines.

2. List of Planned Learning Outcomes

Code and definition of the competency	Code and definition of the achievement indicator (AI)	Planned learning outcomes for the discipline (module) describing the stages of competency and indicator development
UC-5 Capable of perceiving the intercultural diversity of society in socio-historical, ethical, and philosophical contexts	AI-4 UC-5 Demonstrates a tolerant perception of social and cultural differences, and a respectful and preservation-oriented attitude toward historical heritage and cultural traditions	- To be aware of contemporary Russian statehood and the country's current political structure in a broad cultural, value, and historical context; to perceive the continuous nature of national history and its multiethnic, civilizational vector of development; - To perceive and share a mature sense of citizenship and patriotism, to feel one's belonging to Russian civilization and Russian society, and to perceive one's personal development through the prism of the public good and moral and ethical guidelines relevant to an individual.
	AI-5 UC-5 Finds and employs data regarding the culture-bound features and traditions of various social groups, as required for self-progress and interaction with others	- To participate in shaping and improving the Motherland's national political system, to accept and share responsibility for the events in the country, and to realize the significance of one's civic involvement and the prospects of self-realization in public and political life; - To develop the skill of critical thinking and independent judgment, allowing for the improvement of academic and research competencies even in relation to current problems and challenges.
	AI-6 UC-5 Demonstrates a respectful attitude toward the historical heritage and socio-cultural traditions of various social groups, grounded in knowledge of the stages of Russia's historical development within the context of world history and global cultural traditions	- To form the capacity for careful, objective, and holistic analysis of incoming socio-political information, and the ability to verify various opinions, positions, and statements for reliability, consistency, and potential bias; - To refine personal and mass communication skills, to develop the capacity for compromise and dialogue, and to respectfully accept the ethnic, religious, cultural, and worldview characteristics of various peoples and communities.
	AI-7 UC-5 Aware when choosing value orientations and a civic stance; argues, discusses, and resolves issues of a worldview, social, and personal nature	- To confidently command key information regarding the political structure of one's country, region, and locality; to form competencies of conscious historical perception and political analysis; - To form the capacity to develop and express an active civic and political stance, and to cultivate a value-significant skill of involvement in public life and empathetic concern for the key problems of one's community and Motherland.

4. Volume of the Discipline (Module) and Types of Control

Workload: Total: 2 Credits (ECTS equivalents), 72 Academic Hours	Full-time Attendance, Academic Hours
Contact Work:	
Lectures / of which practical training	18/0
Practical classes / of which practical training	36/0
Independent Work	18
Forms of Control:	
Exam	-
Pass/Fail test	-
Graded pass/fail test	Yes
Term paper	No

The course (module) implies the use of e-learning and distance learning technologies (unless otherwise stated within the educational standard).

5. Content of the Discipline (Module), Structured by Themes (Sections) with the Number of Hours and Types of Classes

	Chapter (Topic) and Brief Description	Competencies & Indicators	Full-time				Part-time				Full/Part-time				Performance control
			Face-to-face with teacher / of them as practical training, hours			Independent work, hours	Face-to-face with teacher / of them as practical training, hours			Independent work, hours	Face-to-face with teacher / of them as practical training, hours			Independent work, hours	
			Lectures	Practical classes	Lab classes		Lectures	Practical classes	Lab classes		Lectures	Practical classes	Lab classes		
Section 1. What is Russia															
1	Topic 1.1. Symbols of Russia 1. The Flag of Russia 2. The Coat of Arms of Russia 3. The Anthem of Russia 4. Informal symbols	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	
2	Topic 1.1.1. Official Symbols of Russia 1. Histories of key state symbols of Russia 2. Meaning of state symbols of Russia 3. Symbols of the constituent entities of the Russian Federation	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Presentation project, discussion

3	Topic 1.1.2. Informal Symbols of Russia 1. Natural symbols of Russia 2. Cultural symbols of Russia 3. Informal symbols of the constituent entities of the Russian Federation	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Business game, discussion
4	Topic 1.2. Russia: Figures and Facts 1. Geographical factors and natural resources 2. Diversity of Russian regions 3. The largest ethnic groups of Russia	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	
5	Topic 1.2.1. Factors of Historical Development 1. Key distinct features of Russia 2. Stages of formation of Russia's territory 3. Historical challenges of Russia	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	2	-	-	-	-	-	-	-	-	Presentation project, discussion
6	Topic 1.2.2. Contemporary Russian Society 1. Ethnic map of modern Russia 2. Key trends in politics, economy, social, and spiritual spheres of modern Russian society 3. Standard and quality of living in Russian regions	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Discussion, quiz
Section 2. The Russian State-Civilization															
7	Topic 2.1. Civilizational Approach: Capabilities and Limitations - Civilizational approach in social sciences - Alternatives to the civilizational approach - Nation-state and state-civilization: commonalities and differences - Features of Russia's civilizational development: history of the multiethnic (supra-ethnic) nature of society, transition from imperial to federal organization, inter-civilizational dialogue outside Russia (and inside it)	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	

8	Topic 2.1.1. Applicability and Alternatives of the Civilizational Approach 1. Civilizational approach in social sciences 2. Civilization and culture 3. Theories of local civilizations 4. Alternatives to the civilizational approach	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Role-playing game, presentations, and group projects
9	Topic 2.1.2. Classical and Modern Versions of the Civilizational Approach 1. Classics of the civilizational approach: N.Ya. Danilevsky, O. Spengler, A. Toynbee 2. Contemporary concepts of the civilizational approach: S. Huntington, A.S. Panarin, A.G. Dugin, J. McNeill, etc. 3. Analysis of the concepts of civilization and culture in the works of representatives of the civilizational approach	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	2	-	-	-	-	-	-	-	-	Presentations, reports
10	Topic 2.2. Philosophical Reflection on Russia as a Civilization 1. The formation and development of Russian thought as historical-philosophical Fatherland studies 2. The ideologeme Moscow – the Third Rome 3. The Russian Idea and the God-bearing people 4. The experience of forming the meta-ethnic community of the Soviet people 5. Philosophical and worldview orientations of modern Russia	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	
11	Topic 2.2.1. Russian Civilization in the History of Domestic Thought 1. Traditions of civilizational discourse in Russia 2. Russian civilization in the academic discourse of Eurasians and Neo-Eurasians 3. Russia as a frontier civilization	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	2	-	-	-	-	-	-	-	-	Interview, presentation projects, group projects

12	Topic 2.2.2. Russian Civilizational Identity at the Present Stage 1. The problem of Russian civilizational identity in political discourse 2. The theme of civilizational identity in the State National Policy Strategy of the RF for the period up to 2036 3. The problem of civilizational identity in contemporary Russian socio-humanitarian science	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Presentations, discussion
Section 3. Russian Worldview and Values of Russian Civilization															
13	Topic 3.1. Worldview and Identity - Worldview as a functional system - The worldview system of Russian civilization - Identity, Russian identity	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	-	-	2	-	-	-	-	-	-	-	-	Test assignments
14	Topic 3.1.1. The Concept of Worldview in Social Sciences - Worldview in modern concepts and theories - Features of contemporary public opinion and social consciousness in Russia - Value challenges of modern Russian society	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	-	-	2	-	-	-	-	-	-	-	-	Presentation projects
15	Topic 3.1.2. Outstanding Personalities (Heroes) of Russian History 1. Outstanding figures in politics and public administration 2. Figures of culture and art 3. Outstanding figures of culture of the North Caucasus. Outstanding scientists and educators of the North Caucasus region 4. Heroes of the Great Patriotic War and modern heroes of Russia (regional aspect)	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Presentation projects, quest game

16	Topic 3.2. Worldview Principles (Constants) of Russian Civilization 1. Core values of Russian society as the basis of a civilizational worldview 2. Traditionality as a worldview constant of Russian civilization 3. Worldview orientations for the development of modern Russian civilization	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	2	-	-	-	-	-	-	-	
17	Topic 3.2.1. Values as a Factor of Social Development 1. Value principles of Russian civilization 2. Value foundations of modern politics 3. Responses of Russian society to external and internal value challenges of modern politics	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Reports and presentations, business game
18	Topic 3.2.2. Systems Model of Civic Worldview 1. Systems approach to understanding worldview. 2. Key elements of the systems model of worldview: content and meaning 3. Worldview traditions as a factor of socio-cultural continuity	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	2	-	-	-	-	-	-	-	-	Group projects, case studies
Section 4. Political Structure of Russia															
19	Topic 4.1. Constitutional Principles and the Separation of Powers - Power, legitimacy, and the separation of powers - The state as a political institution - Distinctive features of the contemporary Russian political system	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	

20	Topic 4.1.1. Foundations of the Constitutional System 1. The concept of power, legitimacy, and the state as a political institution 2. Modern state-political organization of Russian society 3. Constitutional principles of the Russian state 4. Multiethnicity as the basis of the federal structure of Russia	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Interview
21	Topic 4.1.2. Branches and Levels of Power 1. The principle of separation of powers as the basis of democracy 2. Institutional dimension of Russian statehood 3. The institution of the presidency as a key element of the state organization of the country	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Presentation project, business game
22	Topic 4.2. Strategic Planning: National Projects and State Programs - The system of strategic planning of the Russian Federation - Major national projects and state programs of modern Russia	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	

23	Topic 4.2.1. Strategic Planning in the Russian Federation. National Projects and State Programs 1. Overview of government decisions related to the development of the strategic planning system in Russia: history and modernity 2. Overview of the most important strategic planning documents of the RF and related decisions regarding national development goals, priorities, and programs 3. State programs and national projects of the RF in their correlation with value guidelines	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Presentations, case studies
24	Topic 4.2.2. Civic Involvement in the Development of the Country 1. Concept and types of civic participation 2. Participation in elections as a civic duty; issues of organizing referendums and all-Russian voting. 3. Law-making initiative and appeals to government bodies 4. Public hearings and public discussions as forms of direct participation in governance	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Individual projects and business games, debates
Section 5. Future Challenges and Country Development															
25	Topic 5.1. Actual Challenges and Problems of Russia's Development - Russia in the modern world: global challenges and threats to national security - Global problems of the modern world relevant to the Russian Federation - Preservation and strengthening of traditional Russian spiritual and moral values as a response to the challenges of the present and the future	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	

26	Topic 5.1.1. Russia in the System of World Politics and International Relations 1. Russia's place in world politics and international relations 2. Global trends and their impact on Russia 3. Foreign Policy Concept of the RF	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	-	-	2	-	-	-	-	-	-	-	-	Test assignments
27	Topic 5.1.2. Russia and Global Challenges 1. Definition of the concepts challenges, risks, super-challenges. Typology of challenges 2. Challenges and risks in the technological sphere (technological and digital divide, problems of technological and digital sovereignty, cybersecurity) 3. Climate challenges: human-nature interaction 4. Resources as key challenges to the existence of Russian statehood	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	-	-	-	-	-	-	-	-	-	Group discussion
28	Topic 5.2. Scenarios for the Development of Russian Civilization 1. Methods of forecasting the future 2. Scenarios for Russia's development 3. Images of the future for Russia	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	2	-	-	-	-	-	-	-	-	-	-	-	
29	Topic 5.2.1. Internal Challenges to Social Development 1. Internal challenges and contradictions in the social system 2. Types of contradictions and challenges 3. Responses of Russian society to internal challenges of social development	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	2	-	-	-	-	-	-	-	-	Business game, project presentations

30	Topic 5.2.2. Images of the Future of Russia 1. Multipolarity of the world order as a basic image of the future 2. Alternative paths of global development as a condition for constructing images of the future of Russia 3. Images of the future of Russia in scientific discourse	AI-4 UC-5 AI-5 UC-5 AI-6 UC-5 AI-7 UC-5	-	2	-	2	-	-	-	-	-	-	-	-	Group projects
	Total, Semester 1		18 / 0	36 / 0		18									
	TOTAL		18 / 0	36 / 0		18									

6. Assessment Tools Fund

The Assessment Tools Fund (ATF) for the course is based on the list of competencies to be mastered, indicating their indicators. The ATF ensures objective monitoring of the achievement of the planned learning outcomes. The ATF includes:

- A description of indicators and criteria for evaluating competencies at various stages of their formation, along with a description of grading scales;
- Methodological materials determining the procedures for evaluating knowledge, skills, and (or) experience of activity that characterize the stages of competency formation (included in the methodological guidelines for those types of work provided for by the curriculum that involve assessing competency formation);
- Standard assessment tools required to evaluate knowledge, skills, and the level of competency formation.

The ATF is an appendix to this program

7. Methodological Guidelines for Students

When commencing work, each student shall take the following into consideration:

- The course is structured on a thematic basis, with each topic representing a logically completed section.
- Lecture material is dedicated to examining key, basic provisions of the courses and explaining academic assignments designated for students' independent work.
- Practical classes are conducted to consolidate the assimilated information and to acquire skills in its application when solving practical problems in the corresponding subject area.
- Independent work of students is aimed at the self-guided study of additional material, preparation for practical classes, and the execution of all types of independent work.

To successfully master the course, it is important to complete all types of independent work using the recommended information sources.

8. Educational-Methodological and Informational Support

8.1. List of Main and Additional Literature

8.1.1. Main Literature

1. *Foundations of Russian Statehood: Textbook* / A. D. Kharichev, A. V. Polosin, A. V. Selezneva. – Moscow: Delo Publishing House, RANEPa, 2024. – 448 p. (Library of DNA of Russia). https://russiadnk.ru/materials/3/page_view?page=1
2. *Foundations of Russian Statehood: Teaching and Methodological Complex for the Course for Higher Educational Organizations* / V. M. Marasanova, V. E. Bagdasaryan, Yu. Yu. Ierusalimsky, L. G. Titova, S. A. Kudrina. – Moscow: Delo Publishing House, RANEPa, 2023. – 272 p. <https://russiadnk.ru/materials/335>
3. *Foundations of Russian Statehood: Textbook for Students of Natural Sciences and Engineering Specialties* / Project Head A. A. Larionov (Hieromonk Rodion), Scientific Ed. P. Yu. Uvarov, Ed. O. A. Chagadaeva / Authors' Collective: A. P. Shevyrev, V. V. Lapin, S. V. Rogachev, A. V. Tutorsky, P. Yu. Uvarov, A. A. Larionov (Hieromonk Rodion), V. S. Eremin, N. Yu. Pivovarov, O. A. Efremov, E. A. Makovetsky, E. A. Ovchinnikova, D. A. Andreev, V. V. Bulatov, O. A. Chagadaeva. – M.: National Research Nuclear University MEPhI; Klio Publishing House, 2023. – 260 p. <https://russiadnk.ru/materials/14>
4. *Foundations of Russian Statehood: Textbook for Students Studying Social Sciences and Humanities* / T. V. Evgenieva, I. I. Kuznetsov, S. V. Perevezentsev, A. V. Selezneva, O. E. Sorokopudova, A. B. Strakhov, A. R. Boronin; edited by S. V. Perevezentsev. – Moscow: Delo Publishing House, RANEPa, 2023. – 550 p. https://delo.ranepa.ru/wp-content/uploads/2023/08/posobie-3_ill.pdf

5. Yukhno A. S. *Foundations of Russian Statehood: Teaching and Methodological Manual* / A. S. Yukhno. – Moscow: Delo, 2023. – 116 p. <https://www.iprbookshop.ru/139798.html>

8.1.2. Additional Literature

1. Danilevsky N. Ya. *Russia and Europe* / N. Ya. Danilevsky. – Moscow: Yurayt Publishing House, 2025. – 453 p. (Anthology of Thought). Text: electronic // Yurayt Educational Platform [website]. – URL: <https://urait.ru/bcode/562234>
2. Jessop B. *The State: Past, Present, Future*. – M.: Delo Publishing House, RANEPa, 2019. – 504 p.
3. *History of Russian Philosophy* / under the general editorship of M. A. Maslin. – M.: INFRA-M, 2018. – 640 p.
4. Leontiev K. N. *Byzantism and Slavdom*. – M.: Direct-Media, 2014. – 170 p.
5. *Megatrends: Main Trajectories of the Evolution of the World Order in the XXI Century: Textbook* / edited by T. A. Shakleina, A. A. Baykov. – 3rd ed., revised and expanded. – M.: Aspect Press Publishing House, 2025. – 520 p.
6. Nikonov V. A. *The Russian Matrix*. – M.: Russkoe Slovo, 2014. – 991 p.
7. Nikonov V. A. *Russian Civilization*. – M.: Prosveshchenie, 2021. – 256 p.
8. Orlov A. S., Georgieva N. G., Georgiev V. A., Sivokhina I. A. *History of Russia*. – M.: Prospekt, 2021. – 680 p.
9. Perevezentsev S. V. *Russian History: From Ancient Times to the Beginning of the XXI Century*. – M.: Akademichesky Proekt, 2018. – 571 p.
10. *Russian Society: Architectonics of Civilizational Development: [Monograph]* / R. G. Braslavsky, V. V. Galindabaeva [et al.]; managing editor V. V. Kozlovsky; FCTAS RAS. – M.; St. Petersburg: FCTAS RAS, 2021. – 340 p.
11. *Russia as a State-Civilization: Supreme Goals and Alternatives of Development: Collective Monograph based on the materials of the Jubilee International Panarin Readings dedicated to the 75th anniversary of the birth of A.S. Panarin* / managing editor: V. N. Rastorguev; scientific editor: A. V. Nikandrov / Russian Scientific Research Institute of Cultural and Natural Heritage named after D.S. Likhachev (Heritage Institute); Lomonosov Moscow State University, Faculty of Philosophy. – Moscow: Heritage Institute, 2016. – 400 p.
12. Soloviev A. I. *Adoption and Execution of Government Decisions*. M.: Aspect Press, 2024. – 423 p.
13. Toynbee A. J. *A Study of History*. – Moscow: Progress, 1991. – 736 p.
14. Fadeev V. A. *The Transfiguration of Humanism*. – Moscow: RSUH, 2022. – 198 p.
15. Huntington S. *The Clash of Civilizations*. – M.: AST, 2023. – 640 p.
16. Kharichev A. D., Shutov A. Yu., Polosin A. V., Sokolova E. N. *Perception of Core Values, Factors, and Structures of Socio-Historical Development of Russia (based on research and approbation materials)* // Journal of Political Studies. – 2022. – Vol. 6, No. 3. – P. 9-19.
17. Tsymbursky V. L. *Island Russia: Geopolitical and Chronopolitical Works, 1993–2006*. – Moscow: ROSSPEN, 2007. – 544 p.
18. Shestopal E. B. *They and We. Images of Russia and the World in the Consciousness of Russian Citizens*. – M.: ROSSPEN, 2021. – 423 p.
19. Shurtakov K. P. *Worldview and Methods of Its Formation: A Conceptual and Philosophical Analysis*. – Kazan: Kazan University Publishing House, 1989. – 212 p.
20. Spengler O. *The Decline of the West* / O. Spengler: translator A. A. Frankovsky. – Moscow: Yurayt Publishing House, 2025. – 237 p. – (Anthology of Thought). Text: electronic // Yurayt Educational Platform [website]. — URL: <https://urait.ru/bcode/564017>

8.2. Educational-Methodological Support

1. *Foundations of Russian Statehood: Methodological Guidelines for Conducting Practical Classes*. – Stavropol: NCFU, 2026. [Electronic version]

2. *Foundations of Russian Statehood: Methodological Guidelines for Students on Organizing Independent Work.* – Stavropol: NCFU, 2026. [Electronic version]

8.3. Internet Resources

1. Website of the President of the RF. Access mode: <http://kremlin.ru/>. Title from the screen.
2. Ministry of Economic Development of the Russian Federation: official website. Electronic resource: <https://www.economy.gov.ru/?ysclid=lezs0qvfz870244546>.
3. Scientific and Educational Portal Great Russian Encyclopedia. Electronic resource: <https://bigenc.ru/>.
4. Russian Sites from the UNESCO World Heritage List. Electronic resource: <http://unesco.ru/unescorussia/sites/?ysclid=lgtqo9esh0966881525>.
5. Website of the All-Russian Public Organization Russian Geographical Society. Electronic resource: Russian Geographical Society / (rgo.ru).
6. Website of the Russian Znanie (Knowledge) Society. Electronic resource: <https://znanierussia.ru/>.
7. Website of the Federal Agency for Ethnic Affairs. Access mode: <http://government.ru>, free. Title from the screen.
8. Website of the Assembly of Peoples of Russia. Access mode: <http://xn--80aaadglf1chnmbxga3u.xn--p1ai/>, free. Title from the screen.
9. Website of the Institute of Ethnology and Anthropology of the RAS. Access mode: <http://iea-ras.ru/>, free. Title from the screen.
10. Political Regional Studies. Laboratory for Regional Political Studies at HSE University. Access mode: <http://www.regional-science.ru/>, free. Title from the screen.

9. Information Technologies, Including Software and Information Reference Systems

Computer equipment and demonstrations of multimedia presentation materials are used during lectures. In seminars and practical classes, students deliver presentations prepared during their independent work hours.

Information Reference Systems

1. <http://catalog.ncstu.ru/catalog> – Official website of the NCFU library
2. <http://www.elibrary.ru/> – Scientific Electronic Library eLIBRARY
3. <http://www.biblioclub.ru> – University Library Online
4. <http://biblio-online.ru/> – Electronic Library System Biblio-online.ru
5. <http://inion.ru/resources/bazy-dannykh-inion-ran/> – Databases of the INION RAS
6. <http://window.edu.ru/> – Information System Unified Window of Access to Educational Resources

Software

	Details
1	Alt Workstation 10
2	Alt Workstation K
3	Alt Server
4	Office Software Package - R7-Office

10. Material and Technical Supplies

Type of Classes	Description of Material and Technical Base
Lecture classes	A classroom for conducting lessons, equipped with multimedia equipment and technical training facilities.
Practical classes	Carried out in the structural subdivisions of the university and (or) in organizations engaged in activities within the profile of the respective degree program, including its structural subdivisions
Independent work	A room for students' independent work, equipped with computer facilities with an active connection to the Internet and access to the electronic information and educational environment of the university.

11. Specific Features of Mastering the Discipline (Module) by Individuals with Disabilities and Health Issues

Students with disabilities are offered special textbooks, teaching aids and materials, as well as special technical training means for shared and individual use, the help from an assistant, as well as the services of sign language interpreters and tactile sign language interpreters.

The training for students with disabilities can be arranged jointly with other students, as well as in separate groups.

The training for students with disabilities is to be carried out in view of the specific features of psychophysical development, individual capabilities, and health status.

In order to ensure the accessibility of higher education (within the educational program) for persons with disabilities, the following is to be provided through the discipline (module):

- 1) for persons with visual impairments:
 - an assistant offering the required technical assistance, taking into account individual specifics (help taking the seat, moving around, reading, etc., including writing under dictation),
 - written assignments, as well as instructions, are offered in an enlarged font,
 - special textbooks, teaching aids, and didactic materials (with a large font or audio files) are provided,
 - individual uniform lighting of at least 300 lux,
 - if necessary, a magnifying device is to be offered to the student to complete the assignment;
- 2) for persons with hearing impairments:
 - an assistant offering the required technical assistance, taking into account individual specifics (help taking the seat, moving around, reading, etc., including writing under dictation),
 - sound-amplifying equipment for collective use is ensured; if necessary, the learner is provided with sound-amplifying equipment for individual use;
 - proper sound means for reproducing information are to be provided;
- 3) for persons with musculoskeletal issues (including severe motor function disorders of the upper limbs or absence of upper limbs):
 - written assignments are performed on a computer with specialized software or are dictated to an assistant;at the request of the student, assignments can be completed verbally.

12. Specific Features of Delivering the Discipline Employing Remote Learning Technologies and E-Learning

Subject to Part 1 of Article 16 of the Federal Law of December 29, 2012 # 273-FZ On Education in the Russian Federation, e-learning is viewed as the organization of educational activity using information contained in databases and used in the implementation of educational programs, and information technologies, technical means, as well as information and telecommunications networks that ensure its processing and transmission via communication lines of the specified information, and interaction of learners and pedagogical workers. Distance learning technologies are understood as educational technologies implemented mainly with the use of information and telecommunications networks with indirect (at a distance) interaction between students and pedagogical staff.

The discipline can be delivered through distance learning technologies and e-learning fully or in part. The components of the Academic-Methodological Complex (AMC) of the discipline (working program of the discipline, assessment and methodological materials, forms of attestation) implemented with distance learning technologies and e-learning contain an indication of their use.

When arranging educational activities employing distance learning technologies and e-learning, asynchronous and synchronous methods of interaction via the Internet may be provided.

When applying distance learning technologies and e-learning, the schedule for the discipline indicates: methods of interaction via the Internet (VCS – video conferencing, ET – electronic testing); links to the electronic information and educational environment of NCFU, to educational platforms and resources of other organizations to which open access is provided via the Internet; for synchronous learning – the time of online classes and teachers; for asynchronous learning – authors of online courses.

When arranging intermediate attestation distance learning technologies and e-learning, Methodological Recommendations on the use of technical means ensuring the reliability of results when conducting intermediate and state final attestation for higher education educational programs - Bachelor's programs, Specialist's programs, and Master's programs with distance learning technologies are used (Letter of the Ministry of Science and Higher Education of Russia of December 7, 2020, # MN-19/1573-AN On sending methodological recommendations).

The implementation of the discipline with e-learning and distance learning technologies is to be carried out using the electronic information and educational environment of NCFU, to which learners are offered access via the Internet, or using the resources of other organizations, including platforms offering services for video conferences, online meetings, and distance learning (MTS Link), as well as using the social networks to carry out communication between students and teachers.

The educational and methodological support of the discipline implemented with e-learning and distance learning technologies shall include the working program presented in electronic form, educational and methodological manuals or a course of lectures, methodological guidelines for completing various types of educational activities envisaged by the discipline, and other educational and methodological materials available in the information and educational environment of NCFU.