

Документ подписан простой электронной подписью

Информация о владельце:

ФИО: Кубанов Сергей Исмаилович

Должность: и.о. декана медико-биологического факультета

Дата подписания: 20.10.2026 10:11:25

Уникальный программный ключ:

bbc0243907972fc80f279c67afb4501106151a7d

**MINISTRY OF SCIENCE AND HIGHER EDUCATION OF THE RUSSIAN FEDERATION**

**Federal State Autonomous Educational Institution of Higher Education**

**«NORTH CAUCASUS FEDERAL UNIVERSITY»**

**APPROVED BY**

**Assoc. Prof. Kubanov S.I.**

**PhD in Medical Sciences**

**Dean**

**Faculty of Medicine and Biology**

## **WORKING PROGRAM OF THE DISCIPLINE**

### **Human Rights and Methods of Their Protection**

Direction of training: 31.05.01 General Medicine

Starting year: 2026

Form of study: Full-time

Implemented in semester: 2

**DEVELOPED BY:**

**Associate Professor**

**of the Department of World Politics**

**and Foreign Regional Studies**

**Gabrilyan R.R.**

Stavropol, 2026

## **1. The purpose and objectives of mastering the discipline**

The discipline "Human Rights and Methods of Their Protection" belongs to the disciplines that shape the professional legal outlook of a lawyer and complement the mandatory disciplines of constitutional and international law. Human rights doctrine occupies a special place in modern jurisprudence: it is the point where constitutional law, international public law, criminal procedure, administrative law and the theory of state and law converge, and where a lawyer is expected to move confidently between the language of domestic statutes and the language of international treaties.

The purpose of the discipline is to form in students a systemic understanding of the nature, content, historical evolution and classification of human and civil rights and freedoms, as well as of the state, non-governmental and international mechanisms of their protection, and to develop the practical skills required to apply this knowledge when analysing legal situations, drafting legal documents and advising on the protection of violated rights.

In order to achieve this purpose the following tasks are set:

- to give students a clear understanding of the concept, legal nature and structure of human and civil rights and freedoms, of legal status of the individual and of citizenship as its precondition;

- to trace the historical path of the idea of human rights from the Ancient world through the Middle Ages, the Enlightenment and the constitutional revolutions of the eighteenth century to its codification in the twentieth and twenty-first centuries, including the specific historical experience of Russia at different stages of its statehood;

- to examine the system of human and civil rights and freedoms fixed in the Constitution of the Russian Federation, the grounds and limits of their restriction, and the correlative constitutional duties of the individual;

- to compare constitutional approaches to human rights adopted in leading foreign legal systems – the United States, the United Kingdom, the European Union and a number of Asian States – with the Russian model;

- to study the international legal dimension of human rights, in particular the Charter of the United Nations, the International Bill of Human Rights, the human-rights-related functions of the United Nations and its bodies, and the relationship between international humanitarian law and human rights law;

- to analyse the state mechanisms for the protection of human and civil rights and freedoms operating in the Russian Federation – constitutional review, judicial protection, administrative procedures, the role of law-enforcement bodies and the institution of the Commissioner (Ombudsman) for Human Rights;

- to analyse non-governmental (public) mechanisms of protection – civil society, the bar and the notariat, the mass media and other forms of public control;

- to give a systemic overview of international and regional mechanisms of human rights protection, of contemporary problems and trends in this field, and of international legal responsibility for human rights violations;

- to develop in students the skills of working with legislative and treaty texts, judicial and quasi-judicial practice, and of preparing legally sound documents (complaints, applications, opinions) aimed at the protection of human rights.

Mastering the discipline is intended not only to provide theoretical knowledge but to cultivate a genuine respect for human dignity, tolerance towards cultural and legal diversity, and an active and responsible civic position, which are indispensable qualities of a modern lawyer.

## **2. The place of discipline in the structure of the educational program**

The discipline "Human Rights and Methods of Their Protection" belongs to the part of the educational program formed by the participants of educational relations and is an elective discipline (code in the curriculum – Б1.Б.ДБ.01.03)..

**3. The list of planned learning outcomes in the discipline, correlated with the planned results of mastering the educational program**

| Code, wording of competence                                       | Code, indicator wording                                                                                                                                                    | Planned learning outcomes in the discipline, characterizing the stages of formation of competence, indicators                                                                                                                                                                                             |
|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| UC-2 is able to manage a project at all stages of its life cycle. | UC-2, ID-1 formulates the project goal, identifies the set of interconnected tasks required to achieve it, and determines the expected results of completing those tasks.  | professionally formulates the project goal in the field of protecting human rights and freedoms, identifies the set of interconnected tasks required to achieve it, and defines the expected results of addressing these human rights objectives.                                                         |
|                                                                   | UC-2, ID-2 develops an action plan to address the project's tasks, selecting the optimal approach based on applicable legal norms and available resources and constraints. | confidently develops an action plan to address project tasks related to the protection of human rights and freedoms, selecting the optimal approach based on applicable legal norms governing human rights activities, as well as available resources and constraints established by current legislation. |

|                                                                                                                           |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                     |
|---------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                           | <p>UC-2, ID-3 student ensures the project is carried out in accordance with established goals, timelines, and costs, based on applicable legal regulations, available resources, and constraints, including through the use of digital tools.</p> | <p>is capable of executing a project in the field of protecting human rights and freedoms at the required level—in accordance with established goals, timelines, and costs, and based on applicable legal norms governing human rights work, available resources, and constraints—including through the use of specialized digital legal tools.</p> |
| <p><b>UC-3</b> is able to organize and manage the work of a team, developing a team strategy to achieve the set goal.</p> | <p>UC-3, ID-1 engages in interpersonal and group interactions, employing an inclusive approach, effective communication, and team-building and team-interaction methods while collaborating on an assigned task.</p>                              | <p>effectively engages in interpersonal and group interactions, employing an inclusive approach, effective communication, and team-building and collaborative techniques when working on an assigned task; understands the nature of individual rights and freedoms, as well as the mechanisms for their implementation.</p>                        |

|  |                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                       |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>UC-3, ID-2 facilitates team operations to achieve optimal collaborative results, taking into account the individual capabilities of team members and employing success-oriented methodologies, techniques, information technologies, and foresight methods.</p> | <p>ensures the team operates cohesively to achieve optimal collaborative results by leveraging members' individual capabilities and employing success-oriented methodologies, techniques, information technologies, and foresight methods to uphold the rule of law and public order, protect individual rights and freedoms, and balance societal and state interests during social interaction.</p> |
|  | <p>UC-3, ID-3 ensures the fulfillment of assigned tasks by monitoring teamwork and responding promptly to significant deviations.</p>                                                                                                                              | <p>fully ensures the accomplishment of assigned tasks by monitoring teamwork and responding promptly to significant deviations during the social and professional activities aimed at protecting the rights and freedoms of the individual and the citizen.</p>                                                                                                                                       |

#### **4. Volume of academic discipline and forms of control**

Volume of classes: total – 108 academic hours.

| Type of workload                   | Hours (academic) |
|------------------------------------|------------------|
| Total volume of the discipline     | 108              |
| Contact work, including:           | 48               |
| – lectures                         | 16               |
| – practical training               | 32               |
| Independent work                   | 60               |
| Form of intermediate certification | Test             |

The discipline provides for the use of e-learning and distance learning technologies (unless otherwise established by the educational standard).

#### **5. The content of the discipline, structured by topics (sections), indicating the number of academic hours and types of classes**

##### **5.1 Thematic plan of discipline**

| No. | Topic of the discipline and summary                                                                                              | Formed competencies, indicators | Lectures, h | Practical training, h | Independent work, h |
|-----|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------|-----------------------|---------------------|
| 1   | Theoretical and legal aspects of human and civil rights and freedoms<br>1. The concept and essence of human and civil rights and | UC-2, UC-3                      | 2           | 4                     | 8                   |

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |  |  |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|  | <p>freedoms;</p> <p>correlation between the categories "human rights" and "civil rights".</p> <p>2. Legal status of the individual: notion, structure, principles.</p> <p>3. Citizenship of the Russian Federation as the legal precondition for the full civil-rights status of the individual: grounds for acquisition and termination.</p> <p>4. Classification of human and civil rights and freedoms (personal, political, socio-economic and cultural rights; individual and collective rights; generations of rights).</p> |  |  |  |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|

|   |                                                                                                                                                                                                                                                                                                                               |            |   |   |   |
|---|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|---|
|   | <p>5. Human rights and the rule-of-law State: mutual conditioning of the two categories.</p> <p>6. Human rights and the social State: the balance between freedom and social guarantees.</p>                                                                                                                                  |            |   |   |   |
| 2 | <p>History of human rights</p> <p>1. Development of ideas about the rights of man in the Ancient world and the Middle Ages (natural law doctrines of Antiquity, Magna Carta of 1215).</p> <p>2. Human and civil rights and freedoms in the Modern period: the English Bill of Rights of 1689, the American Declaration of</p> | UC-2, UC-3 | 2 | 4 | 8 |

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  |  |  |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|  | <p>Independence of 1776 and the Bill of Rights of 1791, the French Declaration of the Rights of Man and of the Citizen of 1789.</p> <p>3. History of human and civil rights and freedoms in the Contemporary era: constitutionalisation of rights after the Second World War, the Universal Declaration of Human Rights of 1948.</p> <p>4. History of human and civil rights and freedoms in Russia at different stages of the development of statehood: from Русская Правда and the Sudebniks to the Manifesto of 17 October 1905,</p> |  |  |  |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|

|   |                                                                                                                                                                                                                                                                                                                                                                                              |            |   |   |   |
|---|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|---|
|   | the Soviet declarations of the rights of the toiling people, and the Constitutions of 1918, 1924, 1936, 1977 and 1993.                                                                                                                                                                                                                                                                       |            |   |   |   |
| 3 | <p>The system of human and civil rights and freedoms in the Russian Federation</p> <p>1. Fundamentals of the legal status of the individual under Chapter 2 of the Constitution of the Russian Federation (as amended in 2020).</p> <p>2. Structure of human and civil rights and freedoms in Russia: personal, political, socio-economic and cultural rights.</p> <p>3. Restrictions of</p> | UC-2, UC-3 | 2 | 4 | 8 |

|   |                                                                                                                                                                                                                                                                                                                                                                                  |            |   |   |   |
|---|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|---|
|   | <p>human and civil rights and freedoms: grounds provided for in Article 55 of the Constitution of the Russian Federation, the principle of proportionality, restrictions in states of emergency and martial law.</p> <p>4. Basic duties of man and citizen in Russia (paying legally established taxes and levies, preserving nature, defending the Fatherland, and others).</p> |            |   |   |   |
| 4 | <p>Human and civil rights and freedoms in foreign States</p> <p>1. Human and civil rights and freedoms in the United States</p>                                                                                                                                                                                                                                                  | UC-2, UC-3 | 2 | 4 | 6 |

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |  |  |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|  | <p>of America: the Bill of Rights, the doctrine of due process, the practice of the Supreme Court.</p> <p>2. Human and civil rights and freedoms in the United Kingdom: the unwritten constitution, the Human Rights Act 1998, the doctrine of parliamentary sovereignty.</p> <p>3. Human and civil rights and freedoms in the European Union: the Charter of Fundamental Rights of the European Union of 2000, the case-law of the Court of Justice of the European Union.</p> <p>4. Human and civil</p> |  |  |  |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|

|   |                                                                                                                                                                                                                                                                                                            |            |   |   |   |
|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|---|
|   | rights and freedoms in Asian States: the specifics of the Confucian and Islamic legal traditions, the Asian debate on the universality of human rights.                                                                                                                                                    |            |   |   |   |
| 5 | Human rights and freedoms in their international legal dimension<br>1. The Charter of the United Nations and the International Bill of Human Rights (the Universal Declaration of Human Rights of 1948, the International Covenant on Civil and Political Rights of 1966 and the International Covenant on | UC-2, UC-3 | 2 | 4 | 8 |

|   |                                                                                                                                                                                                                                                                                                                                                       |            |   |   |   |
|---|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|---|
|   | <p>Economic, Social and Cultural Rights of 1966).</p> <p>2. Human-rights-related functions of the United Nations: the Human Rights Council, the treaty bodies, special procedures.</p> <p>3. International humanitarian law and human rights law: correlation of the two branches, the Geneva Conventions of 1949 and their Additional Protocols.</p> |            |   |   |   |
| 6 | <p>State mechanisms for the protection of human and civil rights and freedoms in Russia</p> <p>1. Constitutional review as a mechanism of</p>                                                                                                                                                                                                         | UC-2, UC-3 | 2 | 4 | 8 |

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |  |  |  |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|  | <p>human rights protection: the Constitutional Court of the Russian Federation, its competence under Article 125 of the Constitution and the Federal Constitutional Law "On the Constitutional Court of the Russian Federation" (as last amended by Federal Constitutional Law No. 2-FKZ of 29 May 2023).</p> <p>2. Judicial protection of human and civil rights and freedoms in Russia: the courts of general jurisdiction, the arbitrazh courts, procedural guarantees.</p> |  |  |  |  |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |  |  |  |
|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|  | <p>3. Administrative mechanisms for the protection of human and civil rights and freedoms: pre-trial (out-of-court) appeal, the Code of Administrative Offences of the Russian Federation.</p> <p>4. The role of law-enforcement bodies in safeguarding and protecting human and civil rights and freedoms.</p> <p>5. The institution of the Commissioners for Human Rights in Russia: the Commissioner for Human Rights in the Russian Federation under Federal Constitutional Law No. 1-FKZ of 26 February 1997 (as</p> |  |  |  |  |
|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|

|   |                                                                                                                                                                                                                                                                                                                                             |            |   |   |   |
|---|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|---|
|   | amended, last amended 29 May 2023) and the commissioners for human rights in the constituent entities of the Russian Federation.                                                                                                                                                                                                            |            |   |   |   |
| 7 | Public mechanisms for the protection of human and civil rights and freedoms in Russia<br>1. The role of civil society in the system of mechanisms for the protection of human and civil rights and freedoms: public chambers, public councils, non-governmental organisations.<br>2. The bar and the notariat as mechanisms of human rights | UC-2, UC-3 | 2 | 4 | 6 |

|   |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |            |   |   |   |
|---|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|---|
|   | <p>protection: the guarantees of the right to qualified legal assistance under Article 48 of the Constitution.</p> <p>3. The place of the mass media and modern means of communication in the protection of human rights: journalistic investigations, public control via digital platforms.</p> <p>4. Other mechanisms for the protection of human and civil rights and freedoms: trade unions, professional and human-rights associations, mediation.</p> |            |   |   |   |
| 8 | International legal and regional mechanisms for the                                                                                                                                                                                                                                                                                                                                                                                                         | UC-2, UC-3 | 2 | 4 | 8 |

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |  |  |  |
|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|  | <p>protection of human rights</p> <p>1. International organisations as a mechanism for the protection of human and civil rights and freedoms: the United Nations, its specialised agencies, non-governmental international organisations.</p> <p>2. Regional mechanisms for the protection of human and civil rights and freedoms: the inter-American and African systems; the specific status of the Russian Federation in relation to the European Convention on Human Rights after</p> |  |  |  |  |
|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |  |  |  |  |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
|  | <p>the Russian Federation ceased, on 16 September 2022, to be a High Contracting Party to the Convention following its exclusion from the Council of Europe.</p> <p>3. Contemporary problems and trends in the field of human and civil rights and freedoms and their protection: digitalisation and human rights, the right to a healthy environment, artificial intelligence and human dignity.</p> <p>4. International legal responsibility for violations of human rights: the notion and forms of international</p> |  |  |  |  |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|

|  |                                                                                                            |  |    |    |    |
|--|------------------------------------------------------------------------------------------------------------|--|----|----|----|
|  | responsibility of the State, individual criminal responsibility before international and hybrid tribunals. |  |    |    |    |
|  | Total                                                                                                      |  | 16 | 32 | 60 |

## **6. Pool of assessment tools of discipline**

The Pool of assessment tools (PAT) for conducting ongoing monitoring of academic performance and intermediate certification of students in the discipline "Human Rights and Methods of Their Protection" is based on a list of mastered competencies, indicating the stages of their formation in the process of mastering the discipline. PAT provides an objective control of the achievement of the planned learning outcomes. PAT includes:

- description of indicators and criteria for assessing competencies at various stages of their formation, description of assessment scales;
- methodological materials that define the procedures for assessing knowledge, skills and (or) experience of activity that characterize the stages of the formation of competencies;
- standard control tasks and other materials necessary for assessing knowledge, skills and the level of mastering the competencies formed in the process of mastering the discipline (module).

PAT is an appendix to this discipline program and is drawn up as a separate document.

## **7. Guidelines for students on mastering the discipline**

Getting started, each student must take into account the following provisions. The discipline is built according to the thematic principle, each topic is a logically completed section.

The lecture material is devoted to the consideration of the key, basic provisions of the historical and legal doctrine of human rights and to the explanation of the training tasks submitted for independent work of students.

Practical classes are held in order to consolidate the acquired information and to acquire the skills of its application in solving practical problems in the relevant subject area: analysing constitutional and international legal texts, comparing decisions of the Constitutional Court of the Russian Federation and the case-law of courts of general jurisdiction, drafting complaints and applications aimed at the protection of violated rights, and preparing legal opinions.

Independent work of students is aimed at independent study of additional material, preparation for practical classes, as well as performance of all types of independent work, including the analysis of the current legislation and up-to-date judicial and law-enforcement practice.

For the successful mastering of the discipline, it is necessary to perform all types of independent work, using the recommended sources of information and monitoring changes in the current legislation and practice, since the subject matter of human rights protection is directly affected by ongoing legislative reform and by the evolving practice of the Constitutional Court of the Russian Federation, the Commissioner for Human Rights and the courts.

Detailed guidance on the preparation for every practical class is set out in the Methodological Recommendations for the Performance of Practical Work in the discipline, which is drawn up as a separate document accompanying this program.

## **8. Educational, methodological and information support of the discipline**

### **8.1. List of basic and additional literature necessary for mastering the discipline**

### **8.1.1. List of basic literature:**

1. Bystrenko, V. I. Human Rights : Study Guide / V. I. Bystrenko. – Moscow : IPR Media, 2021. – 152 p. – ISBN 978-5-4497-1183-0. – Text : electronic // IPR SMART : [website]. – URL: <https://www.iprbookshop.ru/108241.html>.

2. Grudin, N. S. Protection of Human Rights in Russian Constitutional Law : Textbook / N. S. Grudin. – Moscow : IPR Media, 2023. – 165 p. – ISBN 978-5-4497-2007-8. – Text : electronic // IPR SMART Digital Educational Resource : [website]. – URL: <https://www.iprbookshop.ru/127203.html>

3. Human Rights and Methods of Their Protection: A Study Guide (Lecture Course) / L. M. Balakireva, A. A. Volkov, A. M. Drozdova [et al.]. – Stavropol : North Caucasus Federal University, 2023. – 137 p. – Text : electronic // IPR SMART Digital Educational Resource : [website]. – URL: <https://www.iprbookshop.ru/135726.html>

4. Human Rights: Textbook / Ed. by E.A. Lukasheva. – 3rd ed., revised. – Moscow : Norma : INFRA-M, 2027. – 512 p. – ISBN 978-5-91768-578-6. – Text : electronic. – URL: <https://znanium.ru/catalog/product/2271798> (accessed: 26.09.2026). – Access mode: by subscription.

### **8.1.2. List of additional literature:**

1. Gulin, E.V. Human Rights: a textbook / E.V. Gulin. – Moscow: Publishing House of the Institute of International Law and Economics, 2003 (reprinted editions available). – Chapters on the concept, classification and history of human rights.

2. Kapitsyn, V.M. Human Rights and Mechanisms of Their Protection / V.M. Kapitsyn. – textbook. – Chapters on state and public mechanisms of human rights protection in Russia. M.: 2003.

3. Kartashkin, V. A. Human rights and modern international relations: collection of articles / V. A. Kartashkin. – Moscow: Norma, 2024. – 176 p. – DOI 10.12737/2130217. - ISBN 978-5-00156-356-3. - Text: electronic. - URL:

<https://znanium.ru/catalog/product/2130217> (access date: 09/26/2026). – Access mode: by subscription.

2. Kolesova, N.S. Human Rights and Demographic Processes / N.S. Kolesova. – Moscow: Norma, 2020.

3. Voronina, N.A. Human Rights and the Legal Social State in Russia / N.A. Voronina. – Moscow: Norma, 2020.

4. Ulbashev, A.Kh. (ed.) Human Rights in the 21st Century: Anxiety and Hope. Collection of articles / A.Kh. Ulbashev. – Moscow: Statut, 2021.

5. Kartashkin, V.A. Human Rights and the Principles of International Law in the 21st Century / V.A. Kartashkin. – Moscow: Norma, 2022.

6. Davis, H. Beginning Human Rights Law / H. Davis. – 2nd ed. – Abingdon: Routledge, 2014. – On the doctrine of human rights in the United Kingdom.

7. Office of the United Nations High Commissioner for Human Rights. Human Rights: A Basic Handbook for UN Staff. – Geneva: United Nations, 2001.

8. Office of the United Nations High Commissioner for Human Rights. Guidelines on Indigenous Peoples' Issues: A Manual on Human Rights-Based Programming. – Geneva/New York: United Nations, 2013.

## **8.2. The list of educational and methodological support for independent work of students in the discipline**

1. Gabrilyan R.R. Guidelines for students on organising and conducting independent work in the discipline "Human Rights and Methods of Their Protection" (electronic version, department edition).

2. Gabrilyan R.R. Methodological Recommendations for the Performance of Practical Work in the discipline "Human Rights and Methods of Their Protection" (a separate document accompanying this program).

## **8.3. The list of resources of the information and telecommunication network "Internet", necessary for the development of the discipline**

1. <http://www.ohchr.org> – Office of the United Nations High Commissioner for Human Rights
2. <http://www.un.org/ru/rights> – Human Rights section of the official website of the United Nations
3. <http://www.echr.coe.int> – official website of the European Court of Human Rights
4. <http://ombudsmanrf.org> – official website of the Commissioner for Human Rights in the Russian Federation
5. <http://www.ksrf.ru> – official website of the Constitutional Court of the Russian Federation
6. <http://www.consultant.ru> – reference legal system "ConsultantPlus"
7. <http://www.pravo.gov.ru> – Official Internet portal of legal information
8. <http://elibrary.ru> – scientific electronic library

**9. The list of information technologies used in the implementation of the educational process in the discipline, including the list of software and information reference systems**

When lecturing, computer technology is used, presentation multimedia materials are demonstrated. At practical classes, students present analytical reports and presentations prepared by them during independent work hours, and take part in the discussion and drafting of legal documents. Information reference systems: reference legal and information legal systems used in the study of the discipline:

1. ELS "University Library Online".
2. Electronic library system IPRbooks.
3. Reference legal system "ConsultantPlus" / "Garant".

Software:

1. Operating system: Microsoft Windows (perpetual licence in force at the organisation).
2. Office software suite – R7-Office. (perpetual licence in force at the organisation).

**10. Description of the material and technical base necessary for the implementation of the educational process in the discipline**

| Type of classes   | Material and technical support                                                                                                                                                                                                                               |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Lecture classes   | A classroom for conducting training sessions, equipped with multimedia equipment and teaching aids.                                                                                                                                                          |
| Practical classes | A classroom for conducting training sessions, equipped with multimedia equipment and teaching aids.                                                                                                                                                          |
| Independent work  | A room for independent work of students equipped with computers with the ability to connect to the Internet and the ability to access the electronic information and educational environment of the university, including access to reference legal systems. |

**11. Features of mastering the discipline by persons with disabilities.**

Students with disabilities are provided with special textbooks, teaching aids and didactic materials, special technical teaching aids for collective and individual use, the services of an assistant (helper) who provides students with the necessary technical

assistance, as well as the services of sign language and sign language interpreters. Mastering the discipline (module) by students with disabilities can be organized jointly with other students, as well as in separate groups. Mastering the discipline by students with disabilities is carried out taking into account the peculiarities of psychophysical development, individual capabilities and health status.

In order to make higher education accessible to persons with disabilities in the course of mastering a discipline (module), the following is ensured:

1) for persons with visual impairments: the presence of an assistant who provides the student with the necessary technical assistance, taking into account individual characteristics (helps to take a workplace, move around, read and complete the assignment, including taking dictation); written assignments and instructions on how to complete them are made out in large print; special textbooks, teaching aids and didactic materials (large print or audio files); individual uniform illumination of at least 300 lux; if necessary, the student is provided with a magnifying device to complete the task;

2) for persons with hearing disabilities: the presence of an assistant who provides the student with the necessary technical assistance; the availability of sound-amplifying equipment for collective use is provided, if necessary, the student is provided with sound-amplifying equipment for individual use; the student is provided with appropriate sound means of reproducing information;

3) for persons with disabilities who have disorders of the musculoskeletal system (including those with severe disorders of the motor functions of the upper limbs or the absence of upper limbs): written tasks are performed on a computer with specialized software or dictated to an assistant; at the request of the student, tasks can be performed orally.

**12. Features of the implementation of the discipline using distance learning technologies and e-learning**

According to Part 1 of Article 16 of the Federal Law of 29 December 2012 No. 273-FZ "On Education in the Russian Federation", e-learning is understood as the organisation of educational activities using the information contained in databases and used in the implementation of educational programs, information technologies, technical means, as well as information and telecommunication networks that ensure the transmission of the specified information over communication lines and the interaction of students and teachers. Distance educational technologies are understood as educational technologies implemented mainly with the use of information and telecommunication networks with indirect (at a distance) interaction between students and teachers.

The implementation of the discipline can be carried out using distance learning technologies and e-learning in whole or in part. The components of the teaching materials of the discipline (the work program of the discipline, assessment and methodological materials, certification forms), implemented using distance learning technologies and e-learning, contain an indication of their use. When organising educational activities using distance learning technologies and e-learning, asynchronous and synchronous ways of implementing the interaction of participants in educational relations through the information and telecommunication network "Internet" can be provided.

When using distance educational technologies and e-learning, the schedule for the discipline indicates: ways of implementing the interaction of participants in educational relations through the information and telecommunications network "Internet" (VCS – video-conferencing, ET – electronic testing); links to the electronic information and educational environment of the university, to educational platforms and resources of other organisations, to which open access is provided through the "Internet"; for synchronous learning – the time of online classes and teachers; for asynchronous learning – authors of online courses.

The implementation of the discipline using e-learning and distance learning technologies is carried out using the electronic information and educational environment of the university, to which students have access through the "Internet", or using the resources of other organisations, including platforms that provide services for video conferencing, online meetings and distance learning.