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Информация о владельце:

ФИО: Кубанов Сергей Исмаилович

Должность: и.о. декана медико-биологического факультета

Дата подписания: 20.10.2026 10:11:25

Уникальный программный ключ:

bbc0243907972fc80f279c67afb4501106151a7d

MINISTRY OF SCIENCE AND HIGHER EDUCATION

RUSSIAN FEDERATION

Federal State Autonomous Educational Institution of Higher Education

NORTH-CAUCASUS FEDERAL UNIVERSITY

APPROVED

Assoc. Prof. Kubanov S.I.

PhD in Medical Sciences

Dean

Faculty of Medicine and Biology

COURSE OUTLINE OF THE DISCIPLINE (MODULE) **«Psychiatry, Medical Psychology»**

- Specialty: 31.05.01 General Medicine
- Mode of training: Full-time
- Year of commencement of studies: 2026
- Delivered in Semester, 12

Developed by:

Ivchenko G.S.,

Cand. of Med.Sc.

Acting Head

Department of Propedeutics of Internal Diseases

1. Aim and Objectives of Mastering the Discipline (Module)

The aim of mastering the discipline "Psychiatry, Medical Psychology" is to study the mechanisms of formation of mental disorders and diseases, to master the skills of primary diagnosis of mental disorders, justified and timely referral of the patient to a psychiatrist, the main methods of treatment and prevention of mental diseases and disorders of mental development, as well as the organization of pharmacological and psychotherapeutic correction of borderline mental disorders, rehabilitation and socialization of the mentally ill, patients with alcoholism and drug addiction.

The **objectives** of mastering the discipline:

- Acquisition by students of the necessary knowledge in the field of mental health; assimilation of the principles of treatment and prevention of mental diseases.
- Teaching students to recognize psychopathological symptoms during examination of the patient.
- Teaching students the ability to identify the leading psychopathological signs, symptoms, syndromes, etc.
- Formation of skills of primary diagnosis of mental disorders for their timely detection, as well as pharmacological and psychotherapeutic correction of mild mental disorders in the conditions of general medical practice.
- Teaching students the clinical-psychopathological method of examination in order to identify mental diseases in primary care and to draw up an algorithm for differential diagnosis.
- Familiarization of students with the principles of organization and work of treatment and preventive institutions of various types.

2. Place of the Discipline (Module) in the Structure of the Training (educational) Program

The discipline «Psychiatry, Medical Psychology» belongs to the part (compulsory part / part developed by the parties involved in academic relations).

3. List of Potential Learning Outcomes for the Discipline (Module), Correlated with the Outcomes of Mastering the Educational Program

Code and definition of the competence	Code and definition of the indicator	Planned learning outcomes for the discipline (module) describing the stages of competency and indicator development
UC-9. Capable of employing basic defectological knowledge in social and professional spheres.	ID-1 UC-9 operates with the concepts of inclusive competency, its components, and structure; understands the features of applying basic defectological knowledge in social and professional spheres. ID-2 PC-5 Assesses the efficacy and safety of the use of medicinal drugs, medical devices, medical nutrition, and non-drug treatment	Willingness to communicate in both oral and written forms.

	ID-2 UC-9 applies basic defectological knowledge in social and professional spheres when interacting with persons with disabilities and handicapped individuals.	
PC-4. Capable of determining patient management tactics for various nosological forms.	ID-1 PC-4 Applies medical technologies, medical devices, medicinal drugs, disinfectants, and their combinations when solving professional tasks ID-2 PC-4 Applies diagnostic instrumental examination methods with the aim of establishing a diagnosis	Development of clinical thinking. Acquisition of specialized medical skills and their application in practical healthcare.

4. Volume of the Academic Discipline (Module) and Control *

Volume of classes: Total: _108_ECTS credits, _3_academic hours.	Full-time type of study, in academic hours
Face-to-face work	48
Lectures / including practical training	12
Laboratory works / including practical training	
Practical classes / including practical training	36/12
Independent work	60
Forms of control	
Credit (Pass/Fail)	

* The discipline (module) provides for the use of e-learning and remote learning technologies (unless otherwise set by the educational standard).

5. Content of the Discipline (Module), Structured by Topics (Sections) with an Indication of the Hours and Types of Classes

#	Section (topic) of the discipline and brief content	Competencies and indicators to be developed	Full-time training			Independent work, hours	Forms of current control of academic progress
			Contact work of students with the teacher / of them practical skills training, hours				
			Lectures	Practical classes	Laboratory		

1	Psychiatry. 1. Definition, branches of psychiatry, types of psychiatric care. 2. Psychotherapy: definition, main methods of psychotherapy.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
2	Psychotropic preparations: 1. Definition 2. Classification.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4	2	2			Interview
3.	Disorders of sensations. Disorders of perception.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2/2			Interview
4.	Disorders of the associative process. Disorders of thinking by content.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
5.	Delusion, groups of delusion. Overvalued ideas. Obsessions, classification. Delusional syndromes: varieties.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4	2	2/2			Interview
6.	Symptoms of memory disorders. Nootropics. *	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
7.	Symptoms of emotional (affective) disorders. *	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2/2			Interview
8.	Varieties of emotional syndromes and their treatment.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4					Interview
9.	Asthenic syndrome: symptoms, stages. Psychostimulants and normothymics. *	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4	2	2			Interview

10.	Tranquilizers and antidepressants. 1. Definition 2. Classification, spectrum of psychotropic action, side effects.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4					Interview
11.	Dementia: varieties. Syndromes of clouding of consciousness: varieties. Stupor. Stages of stupor.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4	2	2/2			Interview
12.	Delirium. Varieties of delirium and their treatment. Twilight clouding of consciousness: varieties. Oneiroid. Amentia.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4					Interview
13.	Depersonalization : varieties. Disorders of sensory synthesis.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
14.	Disorders of drives: varieties.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4	2				Interview
15.	Phobic syndrome. Types of obsessions.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2/2			Interview
16.	Oligophrenias: definition, classification, methods of treatment and rehabilitation.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
17.	Epilepsy: clinical manifestations, methods of diagnosis and treatment.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4	2				Interview

18.	Mental disorders in lesions of the cerebral vessels, cerebral atherosclerosis, hypertensive disease. Presenile (involutional) psychoses. Alzheimer's disease. Mental disorders in atrophic diseases of the brain.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2/2			Interview
19.	Alcoholism. Drug addictions. Substance abuse. Main principles and stages of treatment of patients with chronic alcoholism. Treatment of patients with alcoholic delirium. Stages of treatment of alcoholism.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
20.	Mental disorders in infectious diseases, craniocerebral injuries. Mental disorders in AIDS. Mental disorders in somatic diseases. Varieties of psychosomatic pathology.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4					Interview
21.	Schizophrenia: definition, main symptoms and syndromes of mental disorders in schizophrenia. Bipolar affective disorder.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview

22.	Psychogenias. Reactive psychoses. Neuroses.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
23.	Post-traumatic stress disorder: definition, clinical manifestations, methods of treatment. Personality disorders (psychopathies). Nervous anorexia and nervous bulimia. Treatment of patients with nervous anorexia and nervous bulimia	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
24.	Tasks and goals of the work of a medical psychologist in the clinic of internal diseases, in the psychiatric clinic. Methods of pathopsychological research.	ID-1 UC-9, ID-2 UC-9, ID-1 PC-4 ID-2 PC-4		2			Interview
	TOTAL in Semester 12		12	36/12		60	
	TOTAL		12	36/12		60	

6. Assessment Tools Fund for the Discipline (Module)

The assessment tools fund (ATF) for the discipline (module) «Psychiatry, Medical Psychology» is based on the list of competencies to be mastered, indicating the stages of their formation in the process of mastering the discipline (module). The ATF provides an objective control over the achievement of the planned learning outcomes. The ATF includes:

- A description of indicators and criteria for evaluating competencies at various stages of their formation, a description of evaluation scales;
- Methodological materials determining the procedures for evaluating knowledge, skills, abilities and (or) work experience characterizing the stages of competency formation;
- Standard control tasks and other materials necessary for assessing knowledge, skills, and the level of mastery of the formed competencies in the process of mastering the discipline (module).

The ATF is an appendix to this discipline (module) program.

7. Methodological Guidelines for Students on Mastering the Discipline

When starting work, each student must take into account the following provisions.

The discipline (module) is structured on a thematic principle; each topic represents a logically completed section.

The lecture material is dedicated to the consideration of key, basic provisions of the courses and the clarification of learning tasks assigned for the independent work of students.

Practical classes are conducted with the aim of consolidating the mastered information, acquiring skills for its application in solving practical problems in the relevant subject area.

Laboratory works are aimed at gaining practical experience in the relevant subject area.

The independent work of students is aimed at the independent study of additional material, preparation for practical and laboratory classes, as well as the execution of all types of independent work.

In order to successfully master the discipline, it is important to complete all types of independent work employing the recommended sources of information.

8. Educational, Methodological, and Informational Support for the Discipline

8.1. List of Main and Additional Literature Required for Mastering the Discipline (Module)

8.1.1. List of Main Literature:

1. Geisler, E. V. Psychiatry [Electronic resource] : textbook / E. V. Geisler, A. A. Drozdov. – 2nd ed. – Electron. text data. – Saratov : Scientific Book, 2019. – 159 p. – 978-5-9758-1769-3. – Access mode: <http://www.iprbookshop.ru/81042.html>

2. Medical and Forensic Psychology. Course of lectures: textbook / T. B. Dmitrieva, E. I. Sulimovskaya, N. V. Dvoryanchikov [et al.] ; edited by T. B. Dmitrieva, F. S. Safuanov. – 5th ed. – Moscow: Genesis, 2020. – 656 p. – ISBN 978-5-98563-419-8. – Text: electronic // Electronic library system IPR BOOKS : [website]. –

URL: <http://www.iprbookshop.ru/95361.html> 3. Frolova, Yu. G. Medical Psychology: textbook / Yu. G. Frolova. – Minsk : Vysheyschaya Shkola, 2016. – 432 p. – ISBN 978-985-06-2771-1. – Text: electronic // Electronic library system IPR BOOKS: [website]. – URL: <http://www.iprbookshop.ru/90792.html>

8.1.2. List of Additional Literature:

1. Gorshkov, A. V. Forensic Psychiatry [Electronic resource] : textbook / A. V. Gorshkov, G. R. Kolokolov. – 2nd ed. – Electron. text data. – Saratov : Scientific Book, 2019. – 69 p. – 978-5-9758-1784-6. – Access mode: <http://www.iprbookshop.ru/81084.html>

2. Course on Psychiatry [Electronic resource] /. – Electron. text data. – Novosibirsk: Siberian University Publishing House, Normatika, 2017. – 120 p. – 978-5-4374-0743-1. – Access mode: <http://www.iprbookshop.ru/65229.html> 3. Practicum on General and Medical Psychology : textbook / V. V. Marilov, M. S. Artemyeva, A. E. Bryukhin [et al.]. – Moscow: Peoples' Friendship University of Russia, 2011. – 232 p. – ISBN 978-5-209-03530-5. – Text: electronic // Electronic library system IPR BOOKS: [website]. – URL: <http://www.iprbookshop.ru/11575.html>

8.2. List of Educational and Methodological Support for the Independent Work of Students in the Discipline (Module)

1. Teaching manual: Guidelines for students on the organization and conduct of independent work in the discipline "Psychiatry, Medical Psychology". – Stavropol: NCFU, 2026.

2. Teaching manual: Guidelines for performing laboratory work in the discipline "Psychiatry, Medical Psychology". – Stavropol: NCFU, 2026.

8.3. List of Resources of the Information and Telecommunications Network **Internet Required for Mastering the Discipline (Module)**

9. List of Information Technologies Employed through the Discipline (Module), Including a List of Software and Information Reference Systems

When delivering lectures, computer equipment and demonstrations of multimedia presentation materials are used. In seminars and practical classes, students deliver presentations prepared by them during the hours of independent work.

Information Reference Systems:

Information-reference and information-legal systems used in the study of the discipline:

1.	http://rudocor.net/ - Medical portal	
2.	https://dic.academic.ru/ - dictionaries and encyclopedias	

Software:

1.	Alt Workstation 10
2.	Alt Workstation K
3.	Alt Server
4.	Office software package – P7-Office

10. Description of the Material and Technical Resources Required for the Educational Process for the Discipline (Module)

Lecture classes	A classroom equipped with multimedia equipment and technical training facilities.
Laboratory classes	
Practical classes	A classroom, equipped with multimedia equipment and technical training facilities.
Independent work	A room for the independent work of students, equipped with computer hardware with the capability to connect to the Internet network and provide access to the electronic information and educational environment of the university.
Practical training	Carried out in the structural subdivisions of the university and (or) in organizations engaged in activities matching the profile of the respective training program, including its structural subdivision.

11. Specific Features of Mastering the Discipline (Module) by Persons with Disabilities

Students with disabilities shall be provided with special textbooks, teaching aids, and didactic materials, special technical training facilities for collective and individual use, the services of an assistant (helper) providing the necessary technical assistance to the students, as well as the services of sign language interpreters and tactile sign language interpreters.

The mastery of the discipline (module) by students with disabilities may be organized jointly with other students, as well as in separate groups.

Mastering the discipline (module) by students with disabilities is to be carried out taking into account the peculiarities of psychophysical development, individual capabilities, and health status.

In order to ensure the accessibility of higher education under the educational program for persons with disabilities, the following is provided during the mastery of the discipline (module):

- 1) for persons with visual impairments:
 - the presence of an assistant offering the student the necessary technical assistance, taking into account individual features (help taking the workplace, moving around, reading and formatting the task, including writing under dictation),
 - written tasks, as well as instructions on the procedure for their execution, are formatted in an enlarged font,
 - special textbooks, teaching aids, and didactic materials (having a large font or audio files),

individual uniform lighting of at least 300 lux,
if necessary, a magnifying device is provided to the student to complete the task;

- 2) for persons with hearing impairments:
 - the presence of an assistant providing the student with the necessary technical assistance, taking into account individual characteristics (helps to take a workplace, move around, read and format the task, including writing with dictation),
 - the availability of sound-amplifying equipment for collective use is ensured; if necessary, sound-amplifying equipment for individual use is provided to the student;
 - provision with proper sound means of reproducing information is ensured;
- 3) for persons with musculoskeletal disorders (including severe motor function impairments of the upper limbs or the absence of upper limbs):
 - written tasks are performed on a computer with specialized software or are dictated to an assistant;
 - at the request of the student, tasks may be performed verbally.

12. Specific Features of Implementing the Discipline with the Use of Distance Learning Technologies and E-Learning

Subject to Part 1 of Article 16 of the Federal Law of December 29, 2012, No. 273-FZ On Education in the Russian Federation, e-learning shall be viewed as the arrangement of educational activities employing information contained in databases and used in the implementation of educational programs, as well as information technologies, technical means, and information and telecommunication networks that ensure the processing and transmission of the specified information via communication lines, and the interaction of students and pedagogical workers.

Remote (distance) learning technologies are understood as educational technologies implemented mainly with the use of information and telecommunication networks during the indirect (at a distance) interaction of students and pedagogical workers.

The implementation of the discipline may be carried out with distance learning technologies and e-learning in full or in part. The components of the Educational And Methodological Complex (EMC) of the discipline (working program of the discipline, assessment and methodological materials, forms of attestation) implemented with the use of distance learning technologies and e-learning contain an indication of their use.

When arranging educational activities with distance learning technologies and e-learning, asynchronous and synchronous methods of interaction between participants in educational relations via the information and telecommunications network Internet may be offered.

When using distance learning technologies and e-learning, the schedule for the discipline shall indicate: methods of interaction among participants in educational relations via the information and telecommunications network Internet (VCC – videoconferencing, ET – electronic testing); links to the electronic information and educational environment of NCFU, to educational platforms and resources of other organizations to which open access is provided via the information and telecommunications network Internet; for synchronous learning – the time of online classes and instructors; for asynchronous learning – the authors of online courses.

When arranging intermediate attestation with distance learning technologies and e-learning, the Methodological Recommendations on the use of technical means ensuring the objective reliability of results when conducting intermediate and state final attestation for higher education educational programs – Bachelor's Degree programs, Specialist's Degree programs, and Master's Degree programs with distance learning technologies are used (Letter of the Ministry of Science and Higher Education of Russia dated December 7, 2020, # MN-19/1573-AN On sending methodological recommendations).

The implementation of the discipline with the use of e-learning and distance learning technologies is carried out using the electronic information and educational environment of

NCFU, to which students are provided access via the information and telecommunications network Internet, or using the resources of other organizations, including platforms providing services for videoconferencing, online meetings, and distance learning (MTS-Link), as well as using the capabilities of social networks to carry out communication between students and instructors.

The educational and methodological support for a discipline shall be ensured with e-learning and distance learning technologies includes the working program presented in electronic form, educational and methodological manuals or a course of lectures, methodological guidelines for performing various types of educational activities of students provided for by the discipline, and other educational and methodological materials posted in the information and educational environment of NCFU.