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**MINISTRY OF SCIENCE AND HIGHER EDUCATION
RUSSIAN FEDERATION
FEDERAL STATE AUTONOMOUS EDUCATIONAL INSTITUTION OF
HIGHER EDUCATION
NORTH-CAUCASUS FEDERAL UNIVERSITY**

APPROVED
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PhD in Medical Sciences
Dean Faculty of Medicine and Biology

**WORKING PROGRAM OF THE
FOREIGN LANGUAGE
DISCIPLINE**

Field of study	<u>31.05.01 General Medicine</u>
Year of commencement of studies	<u>2026</u>
Mode of training	<u>Full-time</u>
Delivered in Semester	1, 2

Developed by
Associate Professor, Department of
Linguistics
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Stavropol, 2026

1. Aim and Objectives of Mastering the Discipline

The aim of mastering the discipline “Foreign Language (English)” is to raise the initial level of foreign-language proficiency achieved at the previous stage of education, and to enable students to acquire the necessary and sufficient level of communicative and professional competencies for solving social and communicative tasks in various areas of everyday, cultural, professional, and academic activity when communicating with foreign partners, as well as for further self-education.

The objectives of the discipline “Foreign Language (English)” are as follows:

- to develop a stable interest in learning foreign languages;
- to stimulate the creative activity of students;
- to stimulate the research activity of students.

2. Place of the Discipline in the Structure of the Educational Program

The discipline “Foreign Language (English)” belongs to the compulsory part.

3. List of Potential Learning Outcomes for the Discipline, Correlated with the Outcomes of Mastering the Educational Program

Code and definition of the Universal Competency (UC)	Code and definition of the Achievement Indicator (AI)	Planned training results for the discipline describing the stages of competency and indicator development
UC-4: the student is able to carry out business communication in oral and written forms in the state language of the Russian Federation and in a foreign language (languages);	AI-1 UC-4: the student selects an appropriate style of business communication in the state language(s) and foreign language(s), verbal and non-verbal means of interaction with partners in oral and written forms; AI-2 UC-4: the student uses information and communication technologies to increase the effectiveness of professional interaction and to search for the information required in the process of solving standard communicative tasks in the state language(s) and foreign language(s); AI-3 UC-4: the student evaluates the effectiveness of the communicative technologies applied in professional interaction in the state language(s) and foreign language(s), and selects the optimal ones.	The student carries out business communication in oral and written forms in the state language of the Russian Federation and in a foreign language (languages)

4. Volume of the Academic Discipline and Forms of Control

Volume of classes: Total: 5 ECTS credits, 180 academic hours.	Full-time, in academic hours
Face-to-face work:	
Practical classes / including practical training	68
Independent work	112
Forms of control	
Graded credit / examination	Semester 2

The discipline (module) provides for the use of e-learning and distance learning technologies.

5. Content of the Discipline, Structured by Topics (Sections) with an Indication of the Hours and Types of Classes

	Section (topic) of the discipline and brief content	Competencies and indicators to be developed	Full-time	Part-time	Full-time / part-time	Forms of current control of academic progress		
			Contact work of students with the teacher / including in the form of practical training, hours	Independent work, hours	Contact work of students with the teacher / including in the form of practical training, hours	Independent work, hours	Contact work of students with the teacher / including in the form of practical training, hours	Independent work, hours

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

20.	Communication situation: The United States of America. Grammar: Continuous Tenses	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		4	2		2		10		2		Interview (discussion)
21.	Communication situation: Some interesting facts about the USA. Grammar: Perfect Continuous Tenses	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		4	2		2		10		2		Interview (discussion)
22.	Communication situation: Some interesting facts about the USA. Grammar: Perfect Continuous Tenses	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		4	2				10				Interview (discussion)

23.	Communication situation: The most important American cities. Grammar: Perfect Tenses	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		4	2				10				Interview (discussion)
24.	Communication situation: Educational structure in the USA. Grammar: Simple Tenses	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		4	2				10				Interview (discussion)
25.	Communication situation: USA landmarks. Grammar: The Verb “to be”	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		6	2				10				Interview (discussion)

26.	Communication situation: USA landmarks. Grammar: The Verb “to be”	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		6	2				10				Interview (discussion)
27.	Communication situation: Popular US sports. Grammar: Classification of Verbs	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		6	2				10				Interview (discussion)
28.	Section 3. Canada	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4									6				Interview (discussion)

[illegible]

34.	Communication situation: Canadian landmarks. Grammar: The Conjunction	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		6	2								Interview (discussion)
35.	Communication situation: Canadian sports. Review	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		6	2								Interview (discussion)
36.	Communication situation: Canadian sports. Review	AI-1 UC-4 AI-2 UC-4 AI-3 UC-4		2		6	2								Interview (discussion)
	Total for Semester 2			32		76	32								
	Total			68		112	68								

6. Assessment Tools for the Discipline

The assessment tools fund (ATf) for the discipline is based on the list of competencies to be mastered, indicating the indicators. The ATF provides an objective control over the achievement of the planned learning outcomes. The ATF includes:

- a description of indicators and criteria for evaluating competencies at various stages of their formation, a description of evaluation scales;
- methodological materials determining the procedures for evaluating knowledge, skills, abilities, and (or) work experience characterizing the stages of competency formation (included in the methodological guidelines for those types of work which are provided for by the curriculum and involve the assessment of competency development);
- standard assessment tools necessary for evaluating knowledge, skills, and the level of competency development.

The ATF is an appendix to this discipline program.

7. Methodological Guidelines for Students on Mastering the Discipline

The discipline is structured on a thematic principle; each topic represents a logically completed section.

Practical classes are conducted with the aim of consolidating the mastered information and acquiring skills for its application in solving practical problems in the relevant subject area.

The independent work of students is aimed at the independent study of additional material, preparation for practical and laboratory classes, as well as the completion of all types of independent work.

In order to successfully master the discipline, it is necessary to complete all types of independent work, using the recommended sources of information.

8. Educational, Methodological, and Informational Support for the Discipline

8.1. List of Main and Additional Literature Required for Mastering the Discipline

8.1.1. List of Main Literature:

1. Foreign Language (English): Study Guide (Workbook) / O.O. Varnavskaya, L.G. Gubanova, G.N. Nezhelskaya [et al.]; North-Caucasus Federal University, Institute of Humanities, Department of Foreign Languages for Humanities and Natural Sciences. – Stavropol: North-Caucasus Federal University, 2022. – 109 p. – EDN KNOECH.

2. Online course: English for Humanities and Natural Sciences: an e-learning course / V.S. Samarina, S.N. Aynazarova, E.N. Khusainova, O.O. Varnavskaya; North-Caucasus Federal University. – Stavropol: NCFU, 2020, hosted on the NCFU LMS Moodle platform

8.1.2. List of Additional Literature:

1. Foreign Language for Humanities and Natural Sciences: Textbook / O.S. Shibkova, E.N. Khusainova, O.O. Varnavskaya, G.N. Nezhelskaya, O.V. Shcherbinina; North-Caucasus Federal University. – Stavropol: NCFU, 2016. – 1503 p. – Printed by decision of the NCFU Academic and Methodological Council

2. Golitsynskiy, Yu.B. Great Britain: A Country Studies Guide: [12+] / Yu.B. Golitsynskiy. – 2nd ed., rev. – St. Petersburg: KARO, 2019. – 480 p.: ill. – (English for Schoolchildren). – Access mode: by subscription. – URL: <https://biblioclub.ru/index.php?page=book&id=574019> (accessed: 18.01.2023). – ISBN 978-5-9925-1350-9. – Text: electronic.<https://biblioclub.ru/index.php?page=book&id=574019>

3. Golitsynskiy, Yu.B. The United States of America: A Country Studies Guide: [12+] / Yu.B. Golitsynskiy. – St. Petersburg: KARO, 2019. – 448 p.: ill. – (Country Studies). – Access mode: by subscription. – URL: <https://biblioclub.ru/index.php?page=book&id=610771> (accessed: 18.01.2023). – ISBN 978-5-9925-0137-7. – Text: electronic.<https://biblioclub.ru/index.php?page=book&id=610771>

4. Kachalova, K.N. Practical English Grammar with Exercises and Keys: Textbook: [16+] / K.N. Kachalova, E.E. Izrailevich. – St. Petersburg: KARO, 2018. – 608 p. – Access mode: by subscription. – URL: <https://biblioclub.ru/index.php?page=book&id=574452> (accessed: 18.01.2023). – ISBN 978-5-9925-0716-4. – Text: electronic. <https://biblioclub.ru/index.php?page=book&id=574452>

5. Murphy, R. Essential Grammar in Use: A self-study reference and practice book for elementary students of English: without answers / Raymond Murphy. - 3rd edition. - Cambridge: Cambridge University Press, 2013. - 275 p.: ill. - ISBN 978-0-521-67581-9, 92 copies

8.2. List of Educational and Methodological Support for the Independent Work of Students in the Discipline

1. Methodological Guidelines for Performing Practical Work in the Discipline “Foreign Language (English)” – developed by the Department of Linguistics.

2. Methodological Recommendations for Arranging the Independent Work of Students in the Discipline “Foreign Language (English)” – developed by the Department of Linguistics.

8.3. List of Resources of the Information and Telecommunications Network “Internet” Required for Mastering the Discipline

1. <http://www.bbc.co.uk/home/today/index.shtml> - BBC resources and materials
2. <http://www.englishonline.co.uk> - English Online – resources for learning English
3. <https://all.alleng.me/english/engl.htm> - resources for learning English
4. <http://www.english-globe.ru/> - resources for learning English
5. <http://www.britannica.com> – the most comprehensive and oldest general-purpose encyclopedia in English
6. <http://www.multitran.ru> - online dictionary
7. <http://biblioclub.ru> - University Library Online

9. List of Information Technologies Employed in the Educational Process for the Discipline, Including a List of Software and Information Reference Systems

In seminars and practical classes, students deliver presentations prepared by them during the hours of independent work.

Information Reference Systems:

Information-reference and information-legal systems used in the study of the discipline:

1	http://www.bbc.co.uk/home/today/index.shtml
2	http://www.englishonline.co.uk
3	http://all.alleng.me/english/engl.htm
4	http://www.english-globe.ru/

Software:

1. Operating system: Microsoft Windows 8: Perpetual license. Contract No. 01-ea/13 dated 25.02.2013.

2. Operating system: Microsoft Windows 10: Perpetual license. Contract No. 544-21 dated 08.06.2021.

3. Basic Microsoft Office software package (Word, Excel, PowerPoint). Microsoft Office Standard 2013: Contract No. 01-ea/13 dated 25.02.2013, Microsoft Office License <https://support.microsoft.com/ru-ru/lifecycle/search/16674> <https://support.microsoft.com/ru-ru/lifecycle/search/16674>

10. Description of the Material and Technical Resources Required for the Educational Process for the Discipline

Practical classes	A classroom for conducting classes, equipped with multimedia equipment and technical training facilities.
Independent work	A room for the independent work of students, equipped with computer hardware with the capability to connect to the Internet and access the electronic information and educational environment of the university

11. Specific Features of Mastering the Discipline by Persons with Disabilities

Students with disabilities shall be provided with special textbooks, teaching aids, and didactic materials, special technical training facilities for collective and individual use, the services of an assistant (helper) providing the necessary technical assistance to the students, as well as the services of sign language interpreters and tactile sign language interpreters.

The mastery of the discipline by students with disabilities may be organized jointly with other students, as well as in separate groups.

Mastering the discipline by students with disabilities is to be carried out taking into account the peculiarities of psychophysical development, individual capabilities, and health status.

In order to ensure the accessibility of higher education under the educational program for persons with disabilities, the following is provided during the mastery of the discipline (module):

1) for persons with visual impairments:

- the presence of an assistant offering the student the necessary technical assistance, taking into account individual features (helping to take a workplace, move around, read and format the task, including writing under dictation),

- written tasks, as well as instructions on the procedure for their execution, are formatted in an enlarged font,

- special textbooks, teaching aids, and didactic materials (having a large font or audio files),

- individual uniform lighting of at least 300 lux,

- if necessary, a magnifying device is provided to the student to complete the task;

2) for persons with hearing impairments:

- the presence of an assistant offering the student the necessary technical assistance, taking into account individual features (helping to take a workplace, move around, read and format the task, including writing under dictation),

- the availability of sound-amplifying equipment for collective use is ensured; if necessary, sound-amplifying equipment for individual use is provided to the student;

- provision with proper sound means of reproducing information is ensured;

3) for persons with musculoskeletal disorders (including severe motor function impairments of the upper limbs or the absence of upper limbs):

- written tasks are performed on a computer with specialized software or are dictated to an assistant;

- at the request of the student, tasks may be performed verbally.

12. Specific Features of Implementing the Discipline with the Use of Distance Learning Technologies and E-Learning

Subject to Part 1 of Article 16 of Federal Law No. 273-FL of December 29, 2012, "On Education in the Russian Federation," *e-learning* shall be viewed as the arrangement of educational activities employing information contained in databases and used in the implementation of educational programs, as well as information technologies, technical means, and information and telecommunication networks that ensure the processing and transmission of the specified information via communication lines, and the interaction of students and pedagogical workers. *Remote (distance) learning* technologies are viewed as educational technologies implemented mainly with the use of information and telecommunication networks during the indirect (at a distance) interaction of students and pedagogical workers.

The implementation of the discipline may be carried out with distance learning technologies and e-learning in full or in part. The components of the Educational and Methodological Complex (EMC) of the discipline (the discipline's course outline, assessment and methodological materials, forms of attestation) implemented with the use of distance learning technologies and e-learning contain an indication of their use.

When arranging educational activities with distance learning technologies and e-learning, asynchronous and synchronous methods of interaction between participants in educational relations via the information and telecommunications network Internet may be provided for.

When using distance learning technologies and e-learning, the schedule for the discipline shall indicate: methods of interaction among participants in educational relations via the information and telecommunications network Internet (VCC – videoconferencing, ET – electronic testing); links to the electronic information and educational environment of NCFU, to educational platforms and resources of other organizations to which open access is provided via the information and telecommunications network Internet; for synchronous learning – the time of online classes and instructors; for asynchronous learning – the authors of online courses.

When arranging intermediate attestation with distance learning technologies and e-learning, the Methodological Recommendations on the use of technical means ensuring the objective reliability of results when conducting intermediate and state final attestation for higher education programs – Bachelor's Degree programs, Specialist's Degree programs, and Master's Degree programs with distance learning technologies are used (Letter of the Ministry of Science and Higher Education of Russia dated December 7, 2020, No. MN-19/1573-AN "On sending methodological recommendations").

The implementation of the discipline with the use of e-learning and distance learning technologies is carried out using the electronic information and educational environment of NCFU, to which students are provided access via the Internet, or using the resources of other organizations, including platforms providing services for videoconferencing, online meetings, and distance learning (MTS-Link), as well as using the capabilities of social networks to carry out communication between students and instructors.

The educational and methodological support for a discipline implemented with e-learning and distance learning technologies includes the course outline presented in electronic form, educational and methodological manuals or a course of lectures, methodological guidelines for performing various types of educational activities of students provided for by the discipline, and other educational and methodological materials posted in the information and educational environment of NCFU.